

## RESPONSIBILITY DECLARATION

When anyone, anywhere, reaches out for help, I  
want the hand of AA always to be there.

And for that: I am responsible.



### TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends upon AA unity.
2. For our group purpose, there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for AA membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or AA as a whole.
5. Each group has but one primary purpose – to carry its message to the alcoholic who still suffers.
6. An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every AA group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

## THE AA PREAMBLE

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

### TWELVE STEPS

1. We admitted we were powerless over alcohol - that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all people we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.



TO THINE OWN SELF BE TRUE

## DISTRICT 15 MEETINGS



Billsfriendsnl

Meeting Guide App



### St. John's Intergroup

117 – 183 Kenmount Road  
St. John's, NL A1B 3P9

Fax & Meeting Info 579.6091

Help Line: 709.579.5215

Toll Free: 1.888.579.5215

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[www.aastjohns.com](http://www.aastjohns.com)

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ALCOHOLICS ANONYMOUS

## SUNDAY

11:00am	Sunday Morning Action Group
OS	Rm: 2018A, Education Building
	Memorial University
4:30pm	Trepassey Group
CD	Abernathy Medical Clinic
	Trepassey
8:00pm	Better Life Group
CD	St. James Church
	330 Elizabeth Avenue
8:00pm	Acorn Group
OD	St. Paul's School, Rear Door
	Newfoundland Drive
8:00pm	One Day at A Time Group
CD	St. Peter's Church Basement
	Ashford Drive, Mt. Pearl
8:00pm	I Am Responsible Group
CD	Kiwanis Club
	Kelligrews

## MONDAY

Noon	Off the Wall Group
CD	Triangle Social Centre
	51 Liverpool Avenue
7:30pm	Back to Basics Group
OD	The Lantern (12&12 Study)
	Barnes Road
8:00pm	Unity Group
CD	Mary Queen of The World
	Church Basement, Mt. Pearl
8:00pm	Women for Recovery
CD	Canon Wood Hall (women mtg.)
	8 Military Road
8:00pm	Health Science Group
CD	Theatre D
	Health Science Centre
8:00pm	Gratitude Group
CD	Triangle Social Centre
	51 Liverpool Avenue

## TUESDAY

Noon	A Reason to Believe Group
CD	St. Patrick's Church Rectory
	Patrick Street
8:00pm	Sobriety Beyond Group
CD	St. Peter's Church Basement
	Ashford Drive, Mt. Pearl
8:00pm	East End Group
CD	Canon Wood Hall
	8 Military Road
8:00pm	Twelve Step Group
CD	Theatre D
	Health Science Centre
8:00pm	Happy, Joyous and Free Group
CD	Spruce Hills Community Church
	1496 Topsail Rd, Paradise
	(OD First Tuesday)

## WEDNESDAY

Noon	A Reason to Believe Group
CD	Triangle Social Centre (12 & 12)
	51 Liverpool Avenue
7:00pm	Step Sisters Book Study
CD	Salvation Army Citadel
	25 Adams Avenue (women mtg)
8:00pm	West End Group
CD	St. Theresa's Church Basement
	Mundy Pond Road
8:00pm	New Hope Group
CD	Recreational Building
	South Side Track, Witless Bay
8:00pm	Miracles in Sobriety Group
CD	First United Church
	221 Park Avenue, Mt. Pearl
8:00pm	Second Chance Group
CD	Dept. of Transportation
	Incinerator Road, CBS
8:30pm	Pleasantville Group
CD	Mary Queen of Peace Church
	135 Torbay Rd, Main Entrance
	(OS First Wednesday)

ST. JOHN'S INTERGROUP

HELP LINE 579-5215

## THURSDAY

Noon	Living in Recovery Group
CD	Triangle Social Centre
	51 Liverpool Avenue
Noon	High Noon Group
OD	St. Patrick's Church Rectory
	6 Patrick Street, St. John's
7:30pm	Back to Basics Group
OD	The Lantern (12 Steps)
	Barnes Road
8:00pm	Serenity Group
CD	West End Baptist Church
	314 Topsail Road
8:00pm	Recovery Group
CD	First United Church
	221 Park Avenue, Mt. Pearl
8:30pm	Third Tradition Group
CD	Holy Trinity Elementary School
	Torbay

## FRIDAY

Noon	The Big Book – Read And Share
CD	Triangle Social Centre
	51 Liverpool Avenue
Noon	Plain and Simple Group
CD	First United Church
	221 Park Avenue, Mt. Pearl
5:30pm	Cocktail Hour Group
CD	Triangle Social Centre
	51 Liverpool Avenue
8:00pm	Winners in Sobriety
CD	Holy Innocence Church
	297 Paradise Rd., Paradise
8:02pm	Young and Free Group
CD	St. Augustine's Church
	Elizabeth Avenue West
8:00pm	Friday Alone No More
OD	Waterford Hospital Chapel
	Waterford Bridge Road
8:00pm	Happy Hour Group
CD	Pius X Library
	Smithville Crescent

## CONTACTS FOR NEW MEMBERS

Name \_\_\_\_\_

Number \_\_\_\_\_

Name \_\_\_\_\_

Number \_\_\_\_\_

Name \_\_\_\_\_

Number \_\_\_\_\_

Name \_\_\_\_\_

Number \_\_\_\_\_

Name \_\_\_\_\_

Number \_\_\_\_\_

**CD - Closed Discussion**  
**OD - Open Discussion**  
**OS - Open Speaker**  
**CD - Prefers to Remain Closed**  
 **- Wheel Chair Accessible**

## SATURDAY

11:00am	The Helping Hands Group
CD	Triangle Social Centre
	51 Liverpool Avenue
10:30am	First Step Group
CD	Rm C-2004 Chemistry Building
	Memorial University
8:00pm	Beaconsfield Group
CD	Hazelwood School
	391 Topsail Road
8:00pm	Courage to Change Group
CD	Town Council Office
	Cape Broyle
8:00pm	Freedom of Choice Group
CD	St. James Church
	330 Elizabeth Avenue

**FEBRUARY 2020**